

Developing The Rotherham Carers Strategy

2016 – 2017

What we need to do:

The Care Act has a strong focus on carers, recognising the caring role as fundamental to the whole adult social care system. Carers have increased rights and status within the Act with enhanced rights to promotion of well-being, earlier support and personalised support.

In Rotherham

we have a mixed picture of carer involvement and support. We need to build stronger collaboration between carers, the Council and other partners.

We want to lay the foundations for achieving these partnerships and sets the intention for future working arrangements

We want to do something that makes a difference now...whilst setting up the right co-produced options for the future

Progress to date and timescales

This is a Rotherham carers strategy NOT a Rotherham Council Carers strategy. It is a partnership plan.

Hopefully will be taken through the Health and Well Being board.

Progress to date and timescales

The group has meet three times and first draft of the strategy has been circulated and comments made.

Second draft to be worked up following carers rights day.

- Further work being undertaken to strengthen the voice of young carers
- Asking carers “what three things would make a positive difference?” to carers through cross-roads AGM, at Carers rights day and through vol. sector forums.

Strategy based round three Outcomes :

- *Outcome One: - Carers in Rotherham are resilient*
- *Outcome two: The caring role is manageable and sustainable*
- *Outcome Three: Carers in Rotherham should have their needs understood and their well-being promoted*

What do we need to do to achieve these outcomes?

- We need to strengthen some things that are already in place to increase the reach and get parts of the system working together better
- We need to view carers as partners when making decisions about care (without losing the voice of the cared for person)

- We need more people doing carers assessments – including partners in the independent and voluntary sector
- Need to develop a carers well-being budget and allocation system (RAS)
- We need whole family assessments to stop duplication of assessments

- We need to target services better and understand who our carers are and what they need.
- We need to provide reassurance for carers that a back up is there when they can't provide the usual care.

Thoughts?

What three things?

- Information and Advice
- A voice
- Consistent support
- Valued
- Time for Me



- Involved
- Quality Care
- A break
- Financial Help
- Understanding

Questions about the Strategy..who is involved?

- Currently being developed through a working group of partner agencies – Outcomes came from group & are part of consultation
- Hope is to get some carers onto this group (30 people expressed an interest at carers rights day event)

Questions about the Strategy

Consultation and engagement

- Carers Forum - event end Jan / beginning of Feb organised by Councillor Mallinder
- Plan to do something every 4 – 6 months, format to be agreed

Questions about the Strategy..

Measures and accountability

- Strategy group will have responsibility for delivery
- There will also be a commissioning plan with specific actions, timescales following on from strategy

More information about what is going on in Rotherham ...

- **Carers Forum** - currently being redeveloped
- **Care4Carers** very strong and active as a group
- **Alzheimers café**...demand outstripping supply over 200 carers attend 4 cafes

More information about what is going on in Rotherham ...

- **Carers resilience service** – pilot project based in GP surgeries
- **Social prescribing** – identifies carers and refers through for support as well as “patient”
- **Carers emergency scheme** – over 1000 carers registered

More information about what is going on in Rotherham ...

- Approximately 2000 hours a month of homecare are provided through the carer specific schemes
- So far 13 carers have received Care Act assessed support as a care...more to be done!

What is going well?

- Good partnership commitment
- Social Workers and Carers Support Officers are meeting carers at the Carers Corner to complete the Assessments
- Mental health carers services very strong craft groups, resilience training, etc.
- Increase in referrals to Carers Corner following pro active work with GP's

What is not working well?

- Carers corner out of the way difficult to find. Foot fall at the centre is low (even after the work)
- Plan to change building name means difficult to advertise as the information will go out of date

What is not working well?

- Carers emergency scheme not working for carers of people with mental health difficulties
- Generally services fragmented based on client groups rather than based on carers...not making best use of our resources.

Information and advice

Training for Carers -New training booklet is re-printed by Direction team and it is on display at Carers Corner.

Carers directory being printed in the new year (free and will be updated regularly)

Voluntary and community services directory almost complete will be put on Connect to Support and printed on request

Carers assessments

Q6) Carers assessed and receiving support.

ACTIVITY METRICS

These activity metrics are designed to help understand whether the Care Act has led to any increase in the number of carers assessed and receiving support.

	In 2014/15	From 1 April 2015 to 30 September 2015
Total number of carers who were given information and advice and/or signposted to other universal services (refer to SALT table LTS003)	2172 (excluding MH)	898 (excluding MH)
Total number of carers who were assessed for care and support	2434 (excluding MH)	1009 (excluding MH)
Total number of carers who were assessed for care and support who met the eligibility threshold	2430 (excluding MH)	1005 (excluding MH)
Total number of carers who received council funded services	0 (excluding MH)	13 (excluding MH)

Other info requested....

So far not seen an increase in assessments (we had predicted up to 5357 carers)

Assessment / recording tracking of carers will be through liquid logic (from mid next year). Still to be worked through

Delegated carers budget based on RAS (is a budget pressure) work to be undertaken on this

5627 clients on service and 3192 have an NHS number recorded